



## Nasal Splint made in X-LITE®

1. Print the pattern. Be aware the printer settings are set to actual size or 100%.
2. Check the size on the patient. Correct pattern size if necessary.
3. Use the pattern to cut the material to the correct size. Choose preferred quality of X-LITE® material.
  - a. X-LITE® Classic 1- 2 layers recommended
  - b. X-LITE® Premium 2 layers recommended
  - c. X-LITE® Plus 1-2 layers recommended
4. Protect wounds or scars with appropriate dressings.
5. Heat X-LITE® material in a splint bath set at 70°C alternatively you can use a small bowl with hot water. If using more than one layer of X-Lite®, ensure that the layers are well laminated by pressing them together. Trim the pattern lines on the splint to avoid sharp edges.
6. Reheat the material before you apply the splint on the patient. The material will stick to the dressing. Secure the splint with tape if necessary.

